



ABOUT US

St. Mary's County Health Department promotes healthy choices, opportunities, and environments for all who live, work, and play in St. Mary's County. Our Health Clinic provides select clinical services for the community.

CONTACT US



301-475-4330



smchd.org/health-clinic/



21580 Peabody St.
Leonardtown, MD 20650



Monday – Friday
8:00 a.m. – 3:30 p.m.
Closed daily from
12:00 p.m. – 12:45 p.m.



ST. MARY'S COUNTY
HEALTH DEPARTMENT
Heart. Science. Service.

HEALTH CLINIC

smchd.org

OUR SERVICES

- Reproductive Health Services
 - Pregnancy testing
 - Birth control
 - Annual exams
 - Testing and treatment for sexually transmitted infections
- Childhood immunizations
- Health education and information



BIRTH CONTROL OPTIONS

- Abstinence
- Oral Contraception (Birth Control Pills)
- Intrauterine Devices (IUD)
- Diaphragms
- Condoms
- Depo-Provera
- Natural Family Planning
- Nexplanon
- Emergency contraception such as Plan B
- NuvaRing
- Other methods by prescription

WHAT IF I BECOME PREGNANT?

- Make an appointment with a health care provider right away
- Know that a healthy lifestyle now is what's best for you and your baby
- Take folic acid (B vitamin) every day

INSURANCE PLANS ACCEPTED

- Aetna
- Blue Cross
- Cigna
- United HealthCare
- Medical Assistance
- Medical Assistance MCO's
- Maryland Family Planning
- All major insurance with out of network coverage

*Clients without insurance are charged according to a sliding scale fee. No one will be denied services for inability to pay.

